

Dream Big

What better way to start the New Year than by thinking about your future? When dreaming and setting goals for our lives, we not only need to think big, but also consider the steps it will take to achieve success. Decorate a star to represent your career goals and include the steps you will need to take along the way. Write a letter to remind your future self of your current dreams and goals!

How To:

- 1. Think about what career you would like to have when you grow up. What steps do you need to take to get that career? Do you need to make good grades? Attend college or graduate school? Fulfill an internship? On your paper, write a letter to yourself that outlines your goals and the steps that you need to take to reach them.
- 2. Decorate your star! You can write your goals or draw pictures of them on the star. This is your star, so you
- can add as many designs as you want!

Materials:

- Large wooden star (these can be found at any craft store)
- **Sharpies**
- Paper
- Pencil

3. Put your star in a place where you can see it every day to remind you of your goals and to motivate you to follow the steps it will take to achieve them!

The STEM Connection:

Have you ever heard the saying "reach for the stars?" That is exactly what you want to do when you are setting goals for yourself: reach high and dream big! You have the power to make the right choices and work hard so that you can achieve your dreams.

