

# Dream Big

“Every great dream begins with a dreamer.” -Harriet Tubman

When coming up with dreams and goals, we not only need to think big but think about the steps it will take to get there. The education and support we receive will help us accomplish these dreams.

## How To

### Materials per person:

- Ribbon
- 7 beads of different colors:
  - Green
  - Purple
  - Blue
  - Red
  - Orange
  - White
  - Yellow

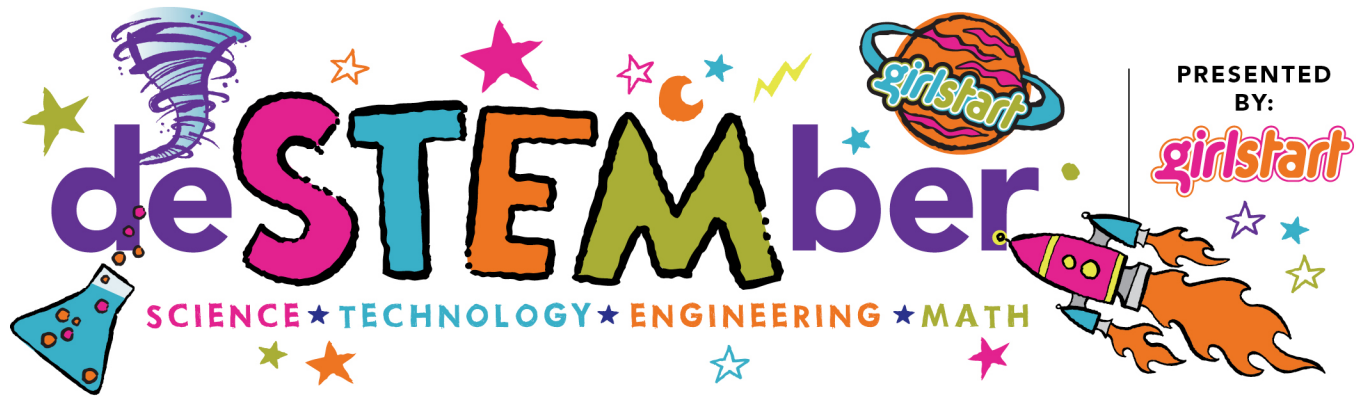
1. Talk about how setting goals is important because it helps set you up for success. They give you something to focus on and work towards. Discuss some of your previous goals with the child and how you have achieved them.
2. Allow child to share their hopes and dreams. Some questions that might get them thinking are: “What is your favorite subject in school and how could you apply that interest and excitement to a future career?” or “If you could be famous for one thing, what would it be?”
3. Discuss how these goals can be achieved. Do you need a certain type of education or support? Do you need to make some short term goals along the way?
4. Talk about obstacles that may come up and how to overcome these obstacles.
5. Tell the child that they are going to make a bracelet to remind them of what they need to achieve their dream. Have them tie a knot on one end of their ribbon so the beads don’t slip off as they string their own bracelet.

**31 Days of STEM Fun!**

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## Why Does it Work?

This activity gives children the opportunity to think about their goals and what it takes to meet these goals. They are reminded of the support they will need to achieve them.

## Career Connection:

Based on the child's desired career, their path may be different from their peers. But, they all need the same basic supports, such as school, family and friends to succeed. This activity can be used with any career as the end goal and the steps to get there all looking a little different.

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