

## Dream Big

Wrap up the last day of DeSTEMber by setting goals for the new year! Girlstart hopes you are Brave, Creative, and Curious when dreaming about the goals you want to achieve. Stay motivated in 2020 by 'Magnifying Your Dreams' today.

## Materials:

- Hole puncher
- Magnifying Glass Template, printed on cardstock (attached)
- 6-inch ribbon piece in each of the following colors:
  - o Blue, green, orange, pink, purple, yellow
- Sharpie in each of the following colors:
  - o Blue, green, orange, pink, purple, yellow

## How To:

- 1. Cut out the printed Magnifying Glass Template. Hole punch one hole at the bottom of the handle.
- 2. Think about the type of career you would like to have when you grow up. What do you need to do to get there? Do you need good grades? Do you need to go to college? What steps do you need to take to help you get into your dream college? What about graduate school?
- 3. Write your dream career in the center of the magnifying glass. Brainstorm each stage of your life and the things you can do in each stage to help you achieve your goals. Using the following colors for each stage of your life, write down your goals for each time period on the front or back of your magnifying glass.
  - Yellow Middle School
  - Orange High School
  - Pink College
  - Purple Graduate/Professional School
  - Blue Career



- Green Friends & Family (We rely on friends and family for support as we reach for our goals. Think about the type of people you want to surround yourself with and write down any goals you may have in regards to family and friends in the future!)
- 4. Once all of your goals are written down, tie everything together with your ribbon. Using the same color system as above, tie your six ribbon pieces through the hole.
- 5. Use your magnifying glass as a reminder to dream BIG and look into the new year with goals and motivation for the future!

## STEM Explanation:

Did you know that you are more likely to accomplish your goals if you write them down? Writing things down helps us focus and set our goals clearly. Having a written reminder of your future plans and the steps you need to take can also keep you motivated to achieve your goals! Remember, if you dream big and work hard to make choices in line with your values, you will have the power to achieve anything you want!

