



Dream Big Bracelets

At Girlstart we Dream Big and hope we can inspire you to do the same! Wrap up DeSTEMber by creating a bracelet that represents your hopes and goals for the future.

Materials:

- Bracelet cord
- Beads - white, pink, and purple (or, your favorite assorted colors) & letter beads to spell an empowering word

Think about your hopes and dreams for the future!

- Where do you see yourself in 6 months? How about 5 years? 10 years?
- How do you want others to feel when they are around you?
- If you could be famous for one thing, what would it be?

What steps can you take to achieve these dreams?

- How can you challenge yourself to grow and learn something new?
- Do you have a creative outlet or something artistic you enjoy doing?
- What characteristics do you need throughout your journey?

Breaking down your big dreams into smaller goals can help you feel more successful along your journey. Think about the smaller steps that you can take at each stage of your life:

- A goal for the next six months:
- A goal for the next year:
- A goal for the next 5 years:

Next, think about one of your favorite, empowering words. Spell this word using letter beads!

- Some of Girlstart's favorite words: Brave, Creative, Curious, Inspire, Dream, Imagine

Create a Dream Big Bracelet!

Create a bracelet using your empowering letter beads and WHITE, PINK, and PURPLE beads (or your favorite color beads) to help you visualize your goals. Use the empowering word, and the memory of your goals, as a constant reminder of your big dreams for the future!

31 Days of STEM FUN!

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